

Heart 4 Life Color Run

Saturday ~ October 20, 2018 ~ Sign in 8:30 AM

2 mile Cross Country Race ~ First group of runners starts 9:00 AM

Benefits: Women's Resource Center Mobile, Al

Location: Faith Academy (behind the New Wing) 8650 Tanner Williams Road, Mobile, AL.

Preregistration will be online only Sept. 19 - Oct. 16. Preregistration guarantees a T-shirt and sunglasses. You may register the day of the race, but you may not receive the race T-shirt and sunglasses. Entry fee: \$25 ~ All sign-ups are online.

Here is the link for the event:

<https://www.eventbrite.com/e/heart-4-life-color-run-saturday-october-20th-2018-tickets-50403052888>

Extra info: Cups of water will be provided during the race at several stations along the way.

You may want to bring: a dust mask, sunglasses, bug spray, towel for your car, clothes to change into after the run

Kona Ice will be on site for treats as well.